

# Mitteldeutsche Hallenmeisterschaften Mehrkampf

## Hallen-Landesmeisterschaften Mehrkampf U16

### Ablaufplan

Sonntag, 08. Januar 2023 - Halle (Saale), Leichtathletikhalle Brandberge

| Richtzeit | Männer<br>MJ U20 / U18<br>6 / 2 / 6 | M 15<br>11 | M 14<br>9 | W 15<br>10 | W 14<br>15 | Richtzeit |
|-----------|-------------------------------------|------------|-----------|------------|------------|-----------|
| 10:00     | 60 m Hü                             |            |           |            | Hoch       | 10:00     |
| 10:10     |                                     | 60 m Hü    |           |            |            | 10:10     |
| 10:20     |                                     |            | 60 m Hü   |            |            | 10:20     |
| 10:30     |                                     |            |           | 60 m Hü    |            | 10:30     |
| 10:40     |                                     |            |           |            |            | 10:40     |
| 10:50     | Stab                                | Weit       | Kugel     |            |            | 10:50     |
| 11:00     |                                     |            |           |            |            | 11:00     |
| 11:10     |                                     |            |           |            |            | 11:10     |
| 11:20     |                                     |            |           | Hoch       | 60 m Hü    | 11:20     |
| 11:30     |                                     |            |           |            |            | 11:30     |
| 11:40     |                                     | Kugel      | Weit      |            |            | 11:40     |
| 11:50     |                                     |            |           |            |            | 11:50     |
| 12:00     |                                     |            |           |            |            | 12:00     |
| 12:10     |                                     |            |           |            |            | 12:10     |
| 12:20     |                                     |            |           |            |            | 12:20     |
| 12:30     |                                     |            |           | Kugel      | Weit       | 12:30     |
| 12:40     |                                     | Hoch       |           |            |            | 12:40     |
| 12:50     |                                     |            |           |            |            | 12:50     |
| 13:00     |                                     |            |           |            |            | 13:00     |
| 13:10     |                                     |            |           |            |            | 13:10     |
| 13:20     |                                     |            |           |            |            | 13:20     |
| 13:30     |                                     |            |           | Weit       | Kugel      | 13:30     |
| 13:40     |                                     |            |           |            |            | 13:40     |
| 13:50     |                                     |            |           |            |            | 13:50     |
| 14:00     |                                     |            | Hoch      |            |            | 14:00     |
| 14:10     |                                     |            |           |            |            | 14:10     |
| 14:20     | 1000 m                              |            |           |            |            | 14:20     |
| 14:30     |                                     |            |           |            |            | 14:30     |
| 14:40     |                                     | 800 m      |           |            |            | 14:40     |
| 14:50     |                                     |            |           |            | 800 m      | 14:50     |
| 15:00     |                                     |            |           | 800 m      |            | 15:00     |
| 15:10     |                                     |            |           |            |            | 15:10     |
| 15:20     |                                     |            |           |            |            | 15:20     |
| 15:30     |                                     |            | 800 m     |            |            | 15:30     |

**Achtung!!!**

**Die angegebenen Zeiten sind Richtzeiten.**